

Bieg Wiewiórki LIPIEC

Wyniki OPEN NORDIC WALKING K/M

2017-07-08, Ruda Śląska

| M-ce | Nr | Imię i nazwisko | Miasto | Klub | Okr.1 | Okr.2 | Okr.3 | Netto | Wynik |
|----------------|-----|------------------------------|---------------|-----------------|----------|----------|----------|------------|-------------------|
| Kobiety | | | | | | | | | |
| 1. | 671 | Wiktorzak Elżbieta | Katowice | Stadion Śląski | 37:56,38 | 38:25,82 | 10:16,98 | 1:26:33,70 | 1:26:39,18 |
| 2. | 564 | Kołodziej Joanna | Ruda Śląska | FabrikaNordika | 30:13,59 | 31:02,81 | 32:32,62 | 1:33:47,60 | 1:33:49,03 |
| 3. | 553 | Janoszka Irena | Radzionków | Cidry Lotajom | 30:38,20 | 32:07,04 | 33:10,65 | 1:35:54,16 | 1:35:55,89 |
| 4. | 664 | Warzocha Danuta | Ruda Śląska | Ekipa Na Kijach | 36:21,19 | 39:22,76 | 39:42,19 | 1:55:22,98 | 1:55:26,15 |
| 5. | 673 | Wiśniewska Marzanna | Zabrze | | 52:56,22 | 53:58,55 | 57:44,21 | 2:44:30,75 | 2:44:38,99 |
| 6. | 614 | Płonka Janina | Gliwice | | 52:56,95 | 53:56,39 | 57:47,63 | 2:44:32,15 | 2:44:40,99 |
| 7. | 605 | Nowak-Pilarski Iwona | Łaziska Górne | | 37:55,60 | 38:30,02 | | 1:16:21,25 | 1:16:25,63 |
| 8. | 637 | Stachowiak Beata | Katowice | Stadion | 38:14,24 | 38:48,66 | | 1:16:56,40 | 1:17:02,90 |
| 9. | 555 | Jezusek Barbara | Ruda Śląska | Ekipa Na Kijach | 37:08,10 | 40:16,11 | | 1:17:21,71 | 1:17:24,21 |
| 10. | 566 | Królikowska-Łoskot Danuta | Katowice | Stadion Śląski | 39:11,66 | 38:39,23 | | 1:17:43,99 | 1:17:50,89 |
| 11. | 628 | Rybsztajn Jolanta | Ruda Śląska | | 40:22,78 | 39:01,26 | | 1:19:16,84 | 1:19:24,04 |
| 12. | 540 | Gorynowicz-Wieczorek Grażyna | Mikołów | | 31:03,00 | | | 31:01,27 | 31:03,00 |
| 13. | 672 | Wisowska Bożena | Ruda Śląska | Ekipa Na Kijach | 33:19,47 | | | 33:18,19 | 33:19,47 |
| 14. | 594 | Mieszczanin Joanna | Ruda Śląska | Ekipa Na Kijach | 34:10,42 | | | 34:09,20 | 34:10,42 |
| 15. | 799 | Palacz Izabela | Ruda Śląska | | 34:45,37 | | | 34:39,17 | 34:45,37 |
| 16. | 509 | Adamus Aneta | Chorzów | | 35:24,84 | | | 35:21,23 | 35:24,84 |
| 17. | 542 | Górecka Danuta | Rybnik | | 36:08,51 | | | 36:06,38 | 36:08,51 |
| 18. | 655 | Tkocz Alicja | Ruda Śląska | Ekipa Na Kijach | 36:21,05 | | | 36:18,28 | 36:21,05 |
| 19. | 529 | Gabor Anna | Ruda Śląska | Ekipa Na Kijach | 37:01,11 | | | 36:58,90 | 37:01,11 |
| 20. | 607 | Ozga-Dewalska Mariola | Ruda Śląska | Ekipa Na Kijach | 38:40,85 | | | 38:38,37 | 38:40,85 |
| 21. | 756 | Kałuża Teresa | Ruda Śląska | Ekipa Na Kijach | 39:58,32 | | | 39:55,42 | 39:58,32 |
| 22. | 578 | Majek Krystyna | Katowice | | 40:04,25 | | | 40:01,84 | 40:04,25 |
| 23. | 559 | Kiwic Zuzanna | Ruda Śląska | Ekipa Na Kijach | 40:16,24 | | | 40:12,09 | 40:16,24 |



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| 24. | 562 | Kończ Mariola | Ruda Śląska | | 41:49,83 | | | 41:43,45 | 41:49,83 |
| 25. | 713 | Dudzińska Marta | Ruda Śląska | | 41:55,55 | | | 41:49,71 | 41:55,55 |
| 26. | 595 | Mika Barbara | Ruda Śląska | Ekipa Na Kijach | 41:56,01 | | | 41:51,37 | 41:56,01 |
| 27. | 740 | Moskał Bożena | | | 42:08,13 | | | 42:01,78 | 42:08,13 |
| 28. | 786 | Kasprzak Aleksandra | | | 43:48,87 | | | 43:48,87 | 43:48,87 |
| 29. | 788 | Jaroszek Elżbieta | | | 43:49,07 | | | 43:41,55 | 43:49,07 |

Mężczyźni

| | | | | | | | | | |
|-----|-----|---------------------------|-----------------|---------------------------------|----------|----------|----------|------------|-------------------|
| 1. | 551 | Hajduk Franciszek | Radzionków | SieChodzi | 28:54,64 | 29:10,32 | 29:57,36 | 1:27:59,03 | 1:28:02,33 |
| 2. | 631 | Skrzypski Marian | Ruda Śląska | KRS TKKF "Jastrząb" Ruda Śląska | 29:13,77 | 29:15,41 | 30:52,50 | 1:29:19,40 | 1:29:21,69 |
| 3. | 679 | Wolny Leszek | Katowice | | 32:49,57 | 34:25,00 | 33:56,17 | 1:41:09,99 | 1:41:10,74 |
| 4. | 674 | Wiśniewski Sławomir | Zabrze | | 34:21,75 | 35:37,13 | 36:12,94 | 1:46:08,29 | 1:46:11,83 |
| 5. | 556 | Jonek Andrzej | Ruda Śląska | Emeryty Deptajom | 35:30,90 | 37:02,23 | 37:38,04 | 1:50:06,68 | 1:50:11,19 |
| 6. | 706 | Skoczyłuda Roman | Orzesze | | 36:20,70 | 39:23,15 | 39:42,22 | 1:55:22,14 | 1:55:26,08 |
| 7. | 691 | Zobek Edward | Sosnowiec | osoba niepełnosprawna | 38:15,80 | 38:49,38 | 42:59,10 | 1:59:55,90 | 2:00:04,28 |
| 8. | 577 | Majek Zdzisław | Katowice | | 31:41,61 | 34:02,52 | | 1:05:43,71 | 1:05:44,14 |
| 9. | 544 | Górnik Jerzy | Katowice | Katowice 49 | 34:41,33 | 34:47,81 | | 1:09:25,28 | 1:09:29,15 |
| 10. | 643 | Synowiec Andrzej | Ruda Śląska | Ekipa Na Kijach | 38:03,15 | 37:21,50 | | 1:15:21,02 | 1:15:24,65 |
| 11. | 697 | Łopatka Kazimierz | Piekary Śląskie | | 38:19,03 | 38:49,33 | | 1:17:01,46 | 1:17:08,37 |
| 12. | 656 | Tkocz Adam | Ruda Śląska | Ekipa Na Kijach | 30:56,87 | | | 30:55,39 | 30:56,87 |
| 13. | 531 | Gabor Marek | Ruda Śląska | Ekipa Na Kijach | 33:06,99 | | | 33:05,59 | 33:06,99 |
| 14. | 715 | Szewczyk Wojciech | Bytom | | 33:12,45 | | | 33:08,29 | 33:12,45 |
| 15. | 543 | Górecki Zdzisław | Rybnik | | 36:08,79 | | | 36:05,82 | 36:08,79 |
| 16. | 565 | Kotynski Tadeusz | Katowice | | 38:38,49 | | | 38:33,20 | 38:38,49 |
| 17. | 503 | Adamiec-Trutwin Krzysztof | Chorzów | Klub Aktywnych Rodzin | 41:58,29 | | | 41:47,39 | 41:58,29 |

Liczba uczestników: 46

